

# Evotec

## P A T I E N T F I T T I N G I N S T R U C T I O N S



Slide your fingers into the hand grips of lower elastic corset. Place corset around your waist and center the rear plastic panel on your back.



Pull left side of corset forward and press firmly onto abdomen. Pull right side of corset and attach to center front velcro®.



Slide your fingers into the hand grips of the upper elastic straps and pull simultaneously away from your body and then towards each other, securing straps in the center front velcro®.



For best results, re-tighten straps while laying on a flat surface with your knees bent and feet flat. Finally, ensure that orthosis fit is snug and does not cause any discomfort.

## Care & General Guidelines

Before cleaning, remove plastic inserts from front and back panels. Hand wash at 86°F with mild soap. When drying, do not expose to direct heat (heater or sunlight); air dry. Never iron or dry clean. If not rinsed well after washing, residual soap may cause skin irritation and product deterioration. It is not uncommon for your body to change size under the spinal brace, because of the compression of the brace and because of a reduction in post-surgical swelling. If you change enough in size that you can no longer adjust the straps enough to get good compression, see your practitioner for a follow-up visit to resize or replace your brace. Your practitioner knows your medical status and is using the spinal brace as one part of your total care. It is important to follow his or her instructions exactly, even if they differ from some of the preceding guidelines.

**WARRANTY:** The warranty on the Evotec is free repair or replacement for manufacturer's defects within 90 days of the date of purchase.

©Copyright ©2006 Velcro Industries B.V. All rights reserved. Velcro Industries B.V. VELCRO® and VELCRO with the FLYING-V® (DESIGN) are registered trademarks of Velcro Industries B.V.

**OPTEC**  
Ready When You Are...™

SIZE:

☐ 2S/ XS

☐ SM/ MD

☐ LG/ XL

☐ 2X/ 3X

☐ 4X/ 5X

COLOR:

☐ Black

☐ Beige

OPTIONS &  
ATTACHMENTS:

☐ DLK

☐ PPX

☐ PPK

☐ SPX

☐ SPK

☐ Hot/Cold Pack